



2021 Winter Cross Country Program

Website: <https://www.bendigoharriers.org>

Facebook: <https://www.facebook.com/groups/133473171726/>

Email: bendigoharriers@yahoo.com

Version 3 – 13 June 2021

Note: Every effort has been made to ensure that the content is correct and up to date. I apologise if there has been an error, or something has missed the print run. Please also note that with COVID-19 events could change without any notice. Every effort will be made to ensure notice is given where possible.
Wendy Stibbe – Winter Cross Country Facilitator

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Sponsors

Bendigo Harriers would like to thank the following sponsors for their generous and continued support. We ask where possible to give them your business or patronage where you can and if speaking with them, thank them for their support of our Club.

<p>Club Run 1</p> <p>Wilkie & Gibbs Family</p>		<p>Club Run 2</p> <p>Melissa Barnes – Dietitian</p> <p>Bendigo Primary Care Centre 123 Arnold Street, Bendigo 3550</p>	
<p>Club Run 3</p> <p>Martin F Leach Managing Director</p>		<p>Club Run 4</p> <p>CANCELLED DUE TO COVID</p>	
<p>Club Run 5</p> <p>CANCELLED DUE TO COVID</p>		<p>Club Run 6</p> <p>John Watson & Family</p>	
<p>Club Run 7</p> <p>Paul & Elaine Martin</p>		<p>Club Run 8</p> <p>Macdonalds Nursery 88 Retreat Road, Bendigo 5443 4644 www.macdonaldsnursery.com.au</p>	
<p>Club Run 9</p> <p>The Gills</p>		<p>Club Run 10</p> <p>Paul Bennett & Family</p>	
<p>Harriers Invitation/Keith Huddle</p>			
			
<p>Club Run 11</p> <p>BENDIGO HIRE</p>		<p>Club Run 12</p> <p>everyday independence www.everydayind.com.au</p>	
<p>Club Run 13</p> <p>Michael Gilbert Co-founder / Co-CEO www.cubbi.com.au</p>		<p>Club Run 14</p> <p>Wilkie & Gibbs Family</p>	

Run Schedule

- 500 m runs start at 2:00 pm with the 1 km run starting shortly after (if not at the same time)
- All other runs start after the junior races have finished
- University and South Bendigo clubs start their longer runs at 2:00 pm
- Anyone wishing to walk instead of running are most welcome. Generally, walkers leave a bit before the runs begin.
- This year due to COVID restrictions we will be using a QR code check in system at each run (or paper sign in form) and unless otherwise advised, BYO afternoon tea as we will not be providing afternoon tea at this stage

Uniforms

- Club singlet or crop top & shorts are available
- Must have PLAIN black shorts for AV events
- All uniform enquiries contact the Rebecca Soulsby Harriers Uniform Volunteer or S2 Sports <https://www.s2sport.com.au/>
- All members are asked to wear club uniform at all our runs; however, it is not compulsory
- We will organise a few come and try order days but you can also contact Peter direct at S2 Sports. In the meantime, you can see the range on our Website and in this booklet. If you know your sizes and what you are after, please fill in an order form and email to the S2 Sports direct.

Please find an order form on our Bendigo Harriers Facebook Group, Website or contact S2Sports direct.

Below and on the next page is a sample of what may be ordered.

Harriers Bag



\$50

Harriers Backpack



\$50

100 Year Singlet



\$40

Track Top



\$60

Track Pant



\$50

Hoodie



\$60

Polo



\$50

Running and Casual Short



\$40 each

Beanie



\$25

T-shirt



\$45

Singlet



\$40

Crop Top



\$40

**Please note that the actual colour, style and price may change slightly from what is shown here.*

Club Positions



Neil Macdonald - President
Phone: 0430037922
Email: neilmacd8@bigpond.com



John Watson - Vice President
Phone: 0400524203

Geoff Shaw – Vice President



Wendy Stibbe - Winter cross country facilitator
Phone: 0429994445
Email: wendy@successfulcomputing.com.au



Eric Baker - Registrar
Phone: 0431482166
Email: ejb1962@bigpond.com



Leon Gilbert- Senior/long distance run handicapper



Paul Martin - Junior/short distance run handicapper



Rebecca Soulsby - Uniforms
Phone: 0412114547



Nadene Macdonald – Minutes Secretary/Winter website
Phone: 0438395251
Email: itsjustdino@yahoo.com.au



Tiff Bussem-Jorgensen - Treasurer

- Secretary – VACANT at time of printing

Yearly Membership Fees

April 2021 to March 2022 (this includes both Winter and Summer seasons).

Athletics Victoria (AV) Registration

Memberships are now done through AV to ensure that all runners are insured and we have an efficient and professional method of capturing membership details and payments.

Please go to <https://athsvic.org.au/membership2021-22/> to complete your registration and pay fees. If you need assistance with this, please do not hesitate to let us know.

Membership Type	Fee	Can I use field equipment/engage in field event training/comps?	Insurance	Can I claim personal accident insurance?
Competing Athlete Membership Allows members to run at club cross country races	\$60 (over 20 at age of registration) plus AV registration \$170 OR \$40 (age 12-19 at time of registration) plus AV registration \$135	Yes	Yes Personal Accident	Yes
Recreational Runner	\$30 (over 20 at date of registration) plus AV registration \$10 OR \$20 (under 20 at date of registration) plus AV registration \$10	No	Yes (for recreational running ONLY)	Only when injury has been sustained during recreational running
Coach Note: Must also hold current coaching membership with Athletics Australia	FREE + a membership as listed above	No	Yes	Yes, whilst coaching
Official Note: Must be an accredited Official with AV	FREE + a membership as listed above	No	Yes	Yes – during officiating duties

Family Discount

\$35 per person available when three (3) or more Open or Junior athletes reside at the same address and register at the same time (this does not include recreational runners).

Please ensure that you complete your registration as soon as possible at the start of the season.

Only those that have completed their registrations and paid relevant fees will be eligible for awards or prizes.

Bendigo Harriers Cross Country Trophies

David Kitt Memorial Perpetual Trophy Handicap Aggregate

- 24th April Beischer Park
- 12th June Vahland Road, Emu Creek
- 19th June Mandurang South Rec Reserve, Mandurang
- 26th June Rifle Range
- 10th July Sedgwick Hall
- 17th July Harriers Invitation
- 31st July Wildflower Drive

Bendigo Bank Champion Cross Country Athlete Fastest Times

- 6th May South Bendigo Invitation
- 17th July Harriers Invitation
- 24th July University Invitation
- 7th August Eaglehawk Invitation
- 21st August No 7 Crusoe
- 28th August Glen Allen Memorial

Open Men Stan Quinn Memorial – Fastest Times

Open Women Worthington Family Perpetual – Fastest Times Under 20 Men Frank

Prior Perpetual – Fastest Times

Under 20 Women, Under 18 & Under 16 Men – Fastest Times Under 18 & Under 16

Women – Fastest Times

- 24th April Beischer Park
- 12th June Vahland Road
- 19th June Mandurang South Rec Reserve, Mandurang
- 26th June Rifle Range Mystery Run
- 3rd July Whipstick Campground
- 17th July Harriers Invitation
- 31st July Wildflower Drive

Under 14 Men; Under 14 Women Ivan Kitt Perpetual Under 12 & Under 10 Men;

Under 12 & Under 10 Women

- 24th April Beischer Park
- 12th June Vahland Road
- 19th June Mandurang South Rec Reserve, Mandurang
- 26th June Rifle Range Mystery Run
- 3rd July Whipstick Campground
- 17th July Harriers Invitation
- 31st July Wildflower Drive

Point System Explained

The David Kitt Memorial Perpetual Trophy is based on handicap placings in the above 6 races; first on handicap receives 10 points followed by 9 points for second place, 8 points for third place etc. Each place getter after 10th position receives one point.

All other trophies are based on fastest time in the longer race; the fastest runner receives 10 points, second fastest receives 8 points, third gets 6 points, fourth gets 4 points and fifth gets 2 points. All other runners, including those in the shorter race, receive one point.

The major points (10, 8, 6, 4 and 2) are awarded to the first five place-getters in the long distance races except when there are less than five runners competing in the longer event in which case the fastest runners in the shorter distance events will be awarded the remaining major points.

Quick List – Club Runs

Run	Date	Location	Distances
Schools Dragon Mile	Sunday 4/4/21	Schools Dragon Mile BRAC	800 m, 1600 m
Combined Club Run	17/4/21	Ken Wust Oval, Quarry Hill	500 m, 1 km, 3 km, 6 km
Club Run 1	24/4/21	Beischer Park, Strathdale	500 m, 1 km, 3.3 km
The O'Keefe Challenge	30/4/21 to 2/5/21	The O'Keefe Challenge	Various
South Bendigo Invitation	6/5/21	Woodvale Rec Reserve, Woodvale	1 km, 3.2 km, 6.5 km
Club Run 2	15/5/21	Mandurang Oval	500 m, 1 km, 3 km, 6 km
Club Run 3	22/5/21	Crusoe Relays with Eaglehawk	500 m, 1 km, 3.2 km relay
Club Run 4 (Run for Luke 😊)	29/5/21	Mandurang South Recreation Reserve	500 m, 1 km, 3 km, 6 km
Club Run 5	5/6/21	Rifle Range Mystery Run	500 m, 1 km, 2 mystery distances
Club Run 6	12/6/21	Vahland Road, Emu Creek	500 m, 1 km, 3 km, 5 km
Club Run 7	19/6/21	Mandurang South Rec Reserve	500 m, 1 km, 3 km, 6 km
Club Run 8	26/6/21	Mystery Run Rifle Range	500 m, 1 km, 2 mystery distances
Club Run 9	3/7/21	Whipstick Campground, Notley Road, Whipstick	500 m, 1 km, 3 km, 8 km
Club Run 10	10/7/21	Sedgwick Hall, Sedgwick	500 m, 1 km, 3 km, 6 km
Harriers Invitation/Keith Huddle	17/7/21	Mandurang Oval	500 m, 1 km, 4 km, 8 km
University Invitation	24/7/21	La Trobe University	7.5 km, 3 km, 1 km, 500 m
Club Run 11	31/7/21	Wildflower Drive, Strathfieldsaye	1 km, 2 km, 4 km, 8 km
Eaglehawk Invitation	7/8/21	Showgrounds	5 km, 2.5 km, 1 km, 1 km age graded sprint
Club Run 12	14/8/21	Peppercorn Park, Longlea Lane, Emu Creek	500 m, 1 km, 3 km, 6 km
Club Run 13	21/8/21	No 7 Crusoe Reservoir, Kangaroo Flat	500 m, 1.5 km, 5 km, 10 km
Glen Allen	28/8/21	Woodvale Rec Reserve, Woodvale	500 m, 1 km, 3 km, 15 km

Club Run 14	4/9/21	Mandurang Oval – Club Break Up	500 m, 1 km, 4 km, 8 km
Run for Dad [TBC]	5/9/21	Run for Dad – Bendigo Racecourse	TBC
University Half Marathon	11/9/21	Uni Half Marathon -Golf Links Road	500 m, 1 km, 3 km, 7 km, 14 km, 21 km
AV Runs			
Date	Location	Distance	
Sat 1/5/21	AV Run - XCR Rd 1	Relays	
Sat 15/5/21	AV Run - Schools Road Relays		
Sat 22/5/21	AV Run - XCR Rd 2	8 km	
Sat 29/5/21	AV Run – Schools XC Relays		
Sun 6/6/21	AV Run – XCR Rd 3	40 km	
Sat 26/6/21	AV Run – XCR Rd 4	12 km	
Sat 10/7/21	AV Run – XCR Rd 5		
Sat 17/7/21	AV Run – XCR Rd 6	10 km	
Sat 31/7/21	AV Run – XCR Rd 7	15 km	
Sat 7/8/21	AV Run – XCR Rd 3	10 km	
Sun 15/8/21	AV Run – XCR Rd 8		
Sun 5/9/21	AV Run – XCR Rd 9	21.1 km	
Sat 18/9/21	AV Run – XCR Rd 10		
Sun 10/10/21	Melbourne Marathon	Various	

Record your run times

Date	Location	Distance	Time
4/4/21	Dragon Mile		
17/4/21	Keith Huddle		
24/4/21	Club Run 1 – Beischer Park, Strathdale		
1/5 & 2/5/21	O'Keefe Rail Trail		
8/5/21	South Bendigo Invitation		
15/5/21	Club Run 2 – Mandurang Oval		
22/5/21	Club Run 3 – Crusoe Res Relays with Eaglehawk		
29/5/21	Club Run 4 – Mandurang South Rec Reserve		
5/6/21	Club Run 5 – Rifle Range Mystery Run		
12/6/21	Club Run 6 – Vahland Road, Emu Creek		
19/6/21	Club Run 7 – Mandurang South Rec Reserve		
26/6/21	Club Run 8 – Rifle Range Mystery Run		

Date	Location	Distance	Time
3/7/21	Club Run 9 – Whipstick Campground, Notley Road, Eaglehawk		
10/7/21	Club Run 10 – Sedgwick Hall		
17/7/21	Harriers Invitation/Keith Huddle – Mandurang Oval, Mandurang		
24/7/21	Uni Invitation		
31/7/21	Club Run 11 – Wildflower Drive, Strathfieldsaye		
7/8/21	Eaglehawk Invitation		
14/8/21	Club Run 12 – Peppercorn Park, Longlea Lane, Longlea		
21/8/21	Club Run 13 – No 7 Crusoe Reservoir, Kangaroo Flat		
28/8/21	Glen Allen Memorial		
4/9/21	Club Run 14 – Mandurang Oval		
5/9/21	Run for Dad		
11/9/21	Uni Half Marathon		
AV Runs			
Date	Location	Distance	Time
Sat 1/5/21	XCR Rd 1 – XC Relays - Jells Park		
Sat 15/5/21	Schools Road Relays – Jells Park		
Sat 22/5/21	XCR Rd 2 – XC – Lardner Park	8 km	
Sat 29/5/21	Schools XC Relays – Princess park		
Sun 6/6/21	XCR Rd 3 – Ekiden – St Annes	10 km	
Sat 26/6/21	XCR Rd 4 – XC – Cruden Farm	12 km	
Sat 10/7/21	XCR Rd 5 – Road Relay – Sandown		
Sat 17/7/21	XCR Rd 6 – XC – Bundoora	10 km	
Sat 31/7/21	XCR Rd 7 – Road – Ballarat	15 km	
Sat 7/8/21	XCR Rd 3 – St Anne's Winery	Relay	
Sun 15/8/21	XCR Rd 8 – Lakeside	10 km	
Sun 5/9/21	XCR Rd 9 – Half Marathon - Burnley	21.1 km	
Sat 18/9/21	XCR Rd 10 – 'The Tan' Relays		
Sun 10/10/21	Melbourne Marathon	Various	

Schools Dragon Mile

Date	Sunday 4 th April 2021
Location	Athletics Track, Flora Hill
Distances	800 m (2 laps) grade 4 and under runners 1600 m (4 laps) grade 5 to year 12 runners
Website	https://www.bendigoharriers.org/

Combined Club Run

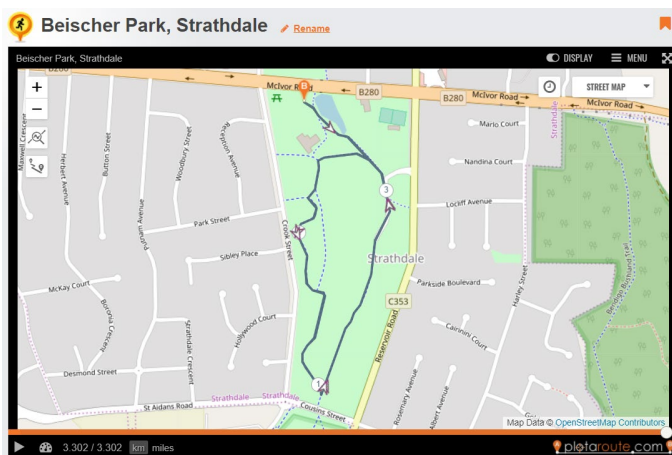


Date	17 th April 2021
Location	Ken Wust Oval, Quarry Hill
Distances	6 km, 3 km, 1 km, 500 m
Course Manager	Bendigo Harriers - Eric Baker and extra helpers please
	<ul style="list-style-type: none">• Open event, timed for those that want to record their own times• Social event to kick the season off• BYO afternoon tea

Club Run 1

Beischer Park

Date	24 th April 2021
Location	Cnr McIvor Road and Crook Street, Strathdale
Distances	500 m, 1 km, 3.3 km
Course Manager	Ross Evans and Paul Bennett
Sponsor	Wilkie & Gibbs Family
Approximate Map	



<https://www.plotaroute.com/route/1007668>

The O'Keefe Challenge



Date 30th April -2nd May 2021
Location O'Keefe Rail Trail from Bendigo to Heathcote
Distances Run and ride various distances
Website <https://www.theokeefe.com.au>
Contact – hello@theokeefe.com.au

AV Run - XCR Rd 1



Date 1st May 2021
Location Jells Park
Distances Relays XC

South Bendigo Invitation



Date 8th May 2021
Location Woodvale Recreation Reserve, Woodvale
Directions Along Raywood Road, past Eaglehawk North Primary School. Signs on the road at Woodvale Recreational Reserve
Distances 1 km, 3.2 km, 6.5 km
Course Manager South Bendigo

- Register and pay on the day

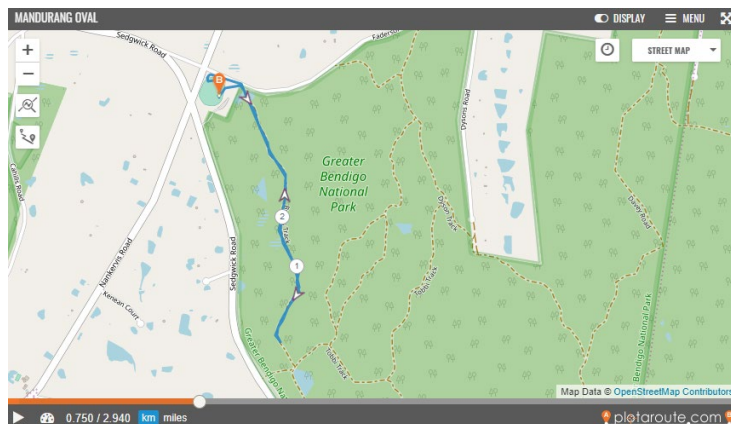
Club Run 2 Mandurang Oval

Date 15th May 2021
Location Cnr Nankervis & Sedgwick Road, Mandurang
Distances 500 m, 1 km, 3 km, 6 km
Course Manager Wendy Stibbe
Sponsor



Melissa Barnes – Dietitian

Approximate Map



<https://www.plotaroute.com/route/1435798>

AV Run - Schools Road Relays

Date 15th May 2021
Location Jells Park
Distances Relays XC



Club Run 3

Crusoe Reservoir Relays with Eaglehawk

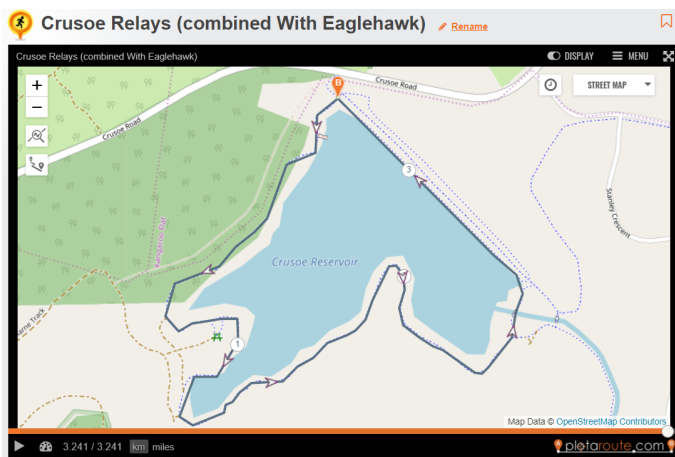
Date	22 nd May 2021
Location	Meet at old Res Keepers House, Crusoe Reservoir
Distances	500 m, 1 km, 3.2 km loop
Course Manager	Eric Baker
Sponsor	



Martin Leach – Managing Director

- 4 people per team running in pairs. Each person runs in opposite directions till they meet, touch hands and turn back to pass to the next 2 in the team. First team of 4 to finish wins.
- Teams to be announced on the day.

Approximate Map



<https://www.plotaroute.com/route/1007704>

AV Run - XCR Rd 2

Date	22 nd May 2021
Location	Lardner Park
Distances	8 km XC



Club Run 4 (Run for Luke ☺)

Mandurang South Recreation Reserve

Date 29th May 2024

Location Hannans Road, Mandurang South

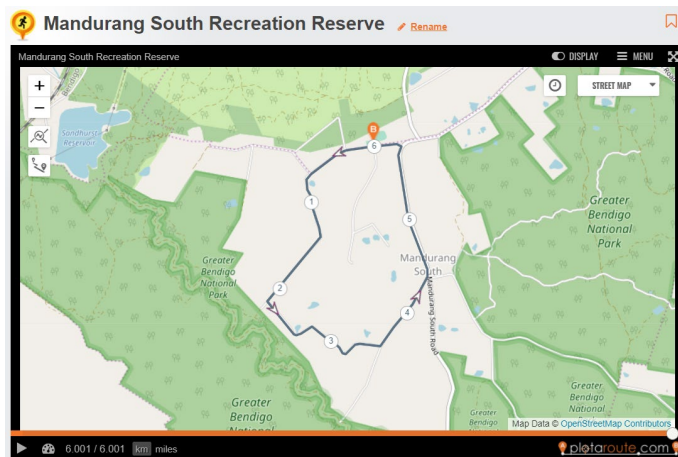
Right into Nankervis Road at Mandurang cricket ground. Turn right just past Diamond Hill Road on right at letter boxes, into Hannan's Road. Reserve on right 300 m.

Distances 500 m, 1 km, 3 km, 6 km

Course Manager Luke Matthews

Sponsor

Approximate Map



<https://www.plotaroute.com/route/1007709>

AV Run — Schools XC Relays



Date 29th May 2024

Location Princess Park

Distances

Club Run 5

Rifle Range Mystery Run

Date 5th June 2021
Location Rifle Range Road (off Pratts Park Road), Bendigo Rifle Range
Distances 500 m, 1 km, 2 x mystery distances
Course Manager Nadene Macdonald
Sponsor



88 Retreat Road, Bendigo

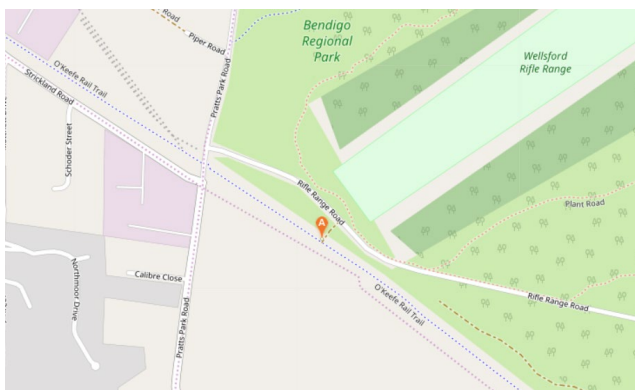
5443 4644

www.macdonaldsnursery.com.au

- Runners are asked to not wear a watch or music for the mystery runs. When each runner crosses the finish line they will guess as to their time and the distance ran. Closest runner gets the win!

NO HANDICAP STARTS FOR MYSTERY DISTANCES

Course Start Location



AV Run — XCR Rd 3

Date 6th June 2021
Location St Annes
Distances Ekiden



Club Run 6

Vahland Road, Emu Creek

Date 12th June 2021

Location Vahland Road, Emu Creek

Directions Go to Strathfieldsaye, turn right into Emu Creek Road. Follow Emu Creek Road to the left where you will eventually turn right into Vahland Road.

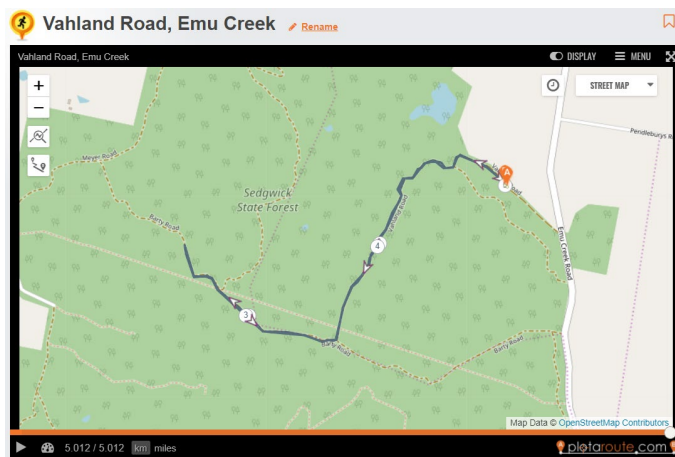
Distances 500 m, 1 km, 3 km, 5 km

Course Manager and Sponsor



John Watson & Family

Approximate Map



<https://www.plotaroute.com/route/1007749>

Club Run 7 Run for Luke ☺

Mandurang South Recreation Reserve

Date 19th June 2021

Location Mandurang South Recreation Reserve (see Club Run 4 for directions)

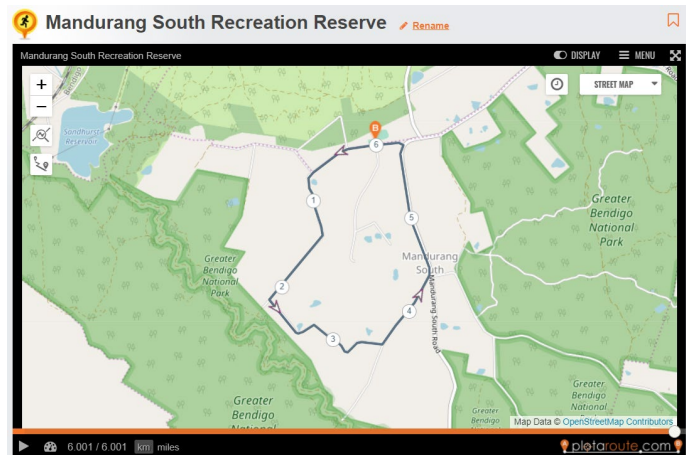
Distances 500 m, 1 km, 3 km, 6 km

Course Manager Luke Matthews

Sponsor Paul Martin & Family



Approximate Map



<https://www.plotaroute.com/route/1007709>

Club Run 8

Rifle Range Mystery Run

Date	26 th June 2021
Location	Rifle Range Road (off Pratts Park Road), Bendigo Rifle Range
Distances	500 m, 1 km, 2 mystery distances
Course Manager	Nadene Macdonald
Sponsored by	



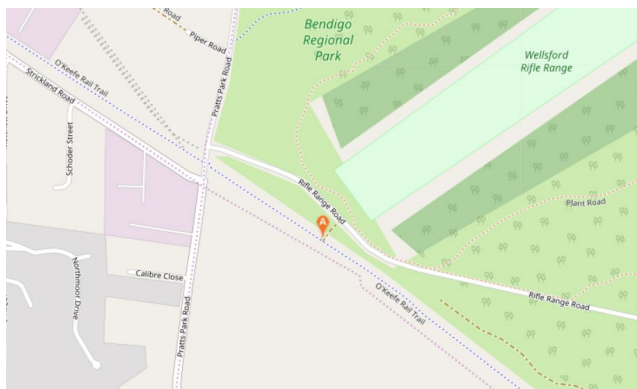
88 Retreat Road, Bendigo

5443 4644

www.macdonaldsnursery.com.au

- Runners are asked to not wear a watch or music for the mystery runs. When each runner crosses the finish line they will guess as to their time and the distance ran. Closest runner gets the win!
- **NO HANDICAP STARTS FOR MYSTERY DISTANCES**

Course Start Location



AV Run – XCR Rd 4 Cruden Farm 12km



Date	26 th June 2021
Location	Cruden Farm
Distances	12 km XC

AV– 2021 Victorian 15km & All Schools Walk Championships

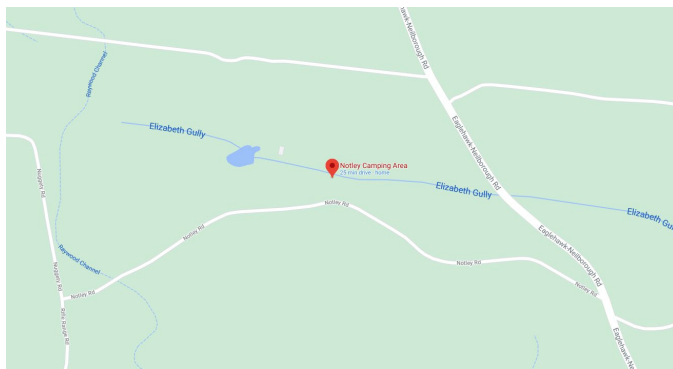


Date 27th June 2021
Location Middle Park
Distances

Club Run 9

Whipstick Campground, Notley Road, Whipstick (combined with Eaglehawk)

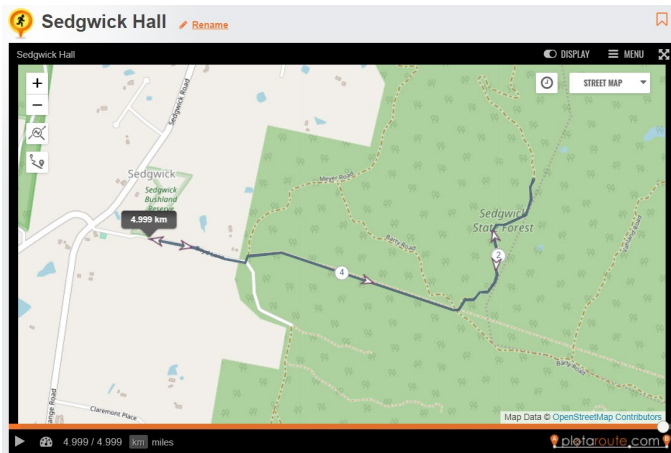
Date 3rd July 2021
Location Notley Road, Whipstick (off Eaglehawk-Neilborough Road)
Directions Take either Whipstick Road or Eaglehawk-Neilborough Road
Distances 500 m, 1 km, 3 km, 8 km
Course Manager Eaglehawk
Sponsored by The Gills (Hunter)
Approximate Map



Club Run 10

Sedgwick Hall

Date 10th July 2021
Location Boyd Lane, Sedgwick
Distances 500 m, 1 km, 3 km, 6 km
Course Manager Paul Bennett
Sponsor Paul Bennett & Family
Approximate Map



<https://www.plotaroute.com/route/1018506>

AV Run – XCR Rd 5 Sandown Road Relays



Date 10th July 2021
Location Sandown Racecourse
Distances Road Relays



Mandurang Oval

Date	17 th July 2021
Location	Mandurang Oval
Directions	Cnr Nankervis & Sedgwick Road, Mandurang
Distances	500 m, 1 km, 4 km, 8 km
	Sashes for 1 st place Open Women and Open Men
Course Manager	Paul Bennett, Ross Evans, Ian Wellard
Sponsored by	Bendigo Harriers would like to thank all our business sponsors:

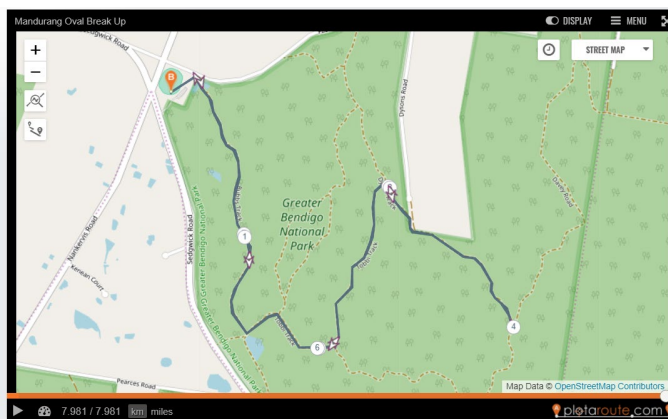
cubbi

start **where you are**
making lifestyle change achievable



e
everyday independence
www.everydayind.com.au

Approximate Map



<https://www.plotaroute.com/route/1018507>

AV - 2021 Victorian All Schools Cross Country Champs



Date 17th July 2021
Location Bundoora Park
Distances

AV Run – XCR Rd 6 Bundoora 10km



Date 17th July 2021
Location Bundoora Park – Cross Country
Distances 10 km XC

University Invitation



Date 24th July 2021
Location Latrobe University, Edwards Road, Flora Hill
Distances 7.5 km, 3 km, 1 km, 500 m
Course Manager University

- Register and pay on the day or via weblink to be made available.

Club Run 11

Wildflower Drive, Strathfieldsaye

Date 31st July 2021

Location Wildflower Drive, Strathfieldsaye (Strathfieldsaye Rd end near Watson Drive)

Distances 500 m, 1 km, 4 km, 8 km

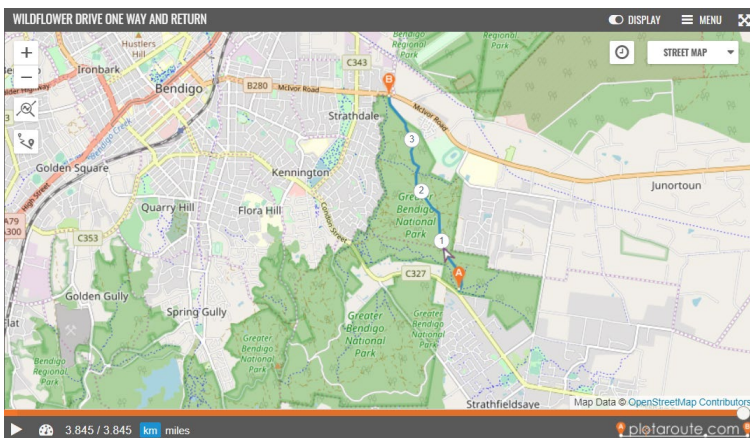
Course Manager Wendy Stibbe

Sponsor



- Can park in Wildflower Drive or down Watson Drive

Approximate Map



<https://www.plotaroute.com/route/1170383>

AV Run – XCR Rd 7 Ballarat 15km



Date 31st July 2021

Location Lake Wendouree

Distances 15 km

AV = 2021 AV 30km Walk Championships



Date 1st August 2021

Location Middle Park

Distances 30 km

Eaglehawk Invitation



Date	7 th August 2021
Location	Showgrounds
Distances	5 km, 2.5 km, 1 km, 1 km age graded sprint <ul style="list-style-type: none">• Payment and registration on the day

AV Run – XCR Rd 3 – St Anne's Ekiden Relay



Date	7 th August 2021
Location	St Anne's Winery
Distances	

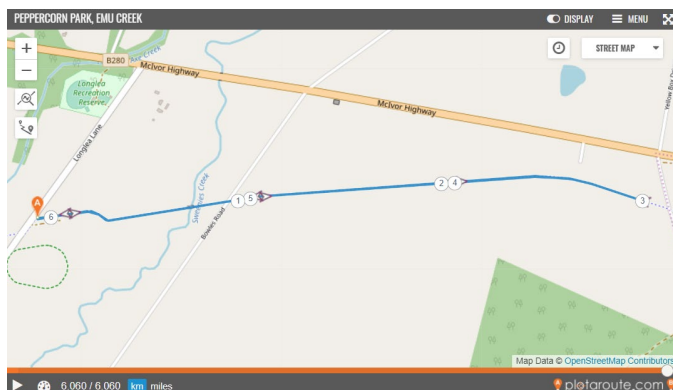
Club Run 12

Peppercorn Park, Longlea Lane, Longlea

Date	14 th August 2021
Location	Peppercorn Park, Longlea Lane, Emu Creek
Distances	500 m, 1 km, 3 km, 6 km
Course Manager	Nadene Macdonald and Wendy Stibbe
Sponsor	



Approximate Map



<https://www.plotaroute.com/route/1435790>

Date 15th August 2021
Location Albert Park Reserve
Distances 10 km

Club Run 13

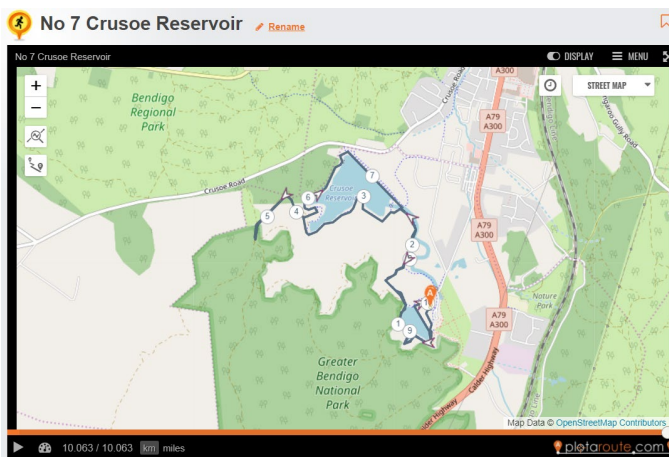
No 7 Crusoe Reservoir, Granter Street, Kangaroo Flat

Date 21st August 2021
Location No 7 Crusoe Reservoir
Directions Head to Harvey Norman, turn right off highway then immediately left into Granter Street. Parking at No. 7 Crusoe Reserve.
Distances 500 m, 1.5 km, 5 km, 10 km
Course Manager Garnet Rodda
Sponsor



Michael Gilbert
Co-founder / Co-CEO
www.cubbi.com.au

Approximate Map



<https://www.plotaroute.com/route/1013516>

Date	28 th August 2021
Location	Woodvale Recreation Reserve, Woodvale
Distances	500 m, 1 km, 3 km, 15 km
Course Manager	South Bendigo

AV – 2021 35km Walk Championship



Date	29 th August 2021
Location	Middle Park
Distances	35 km

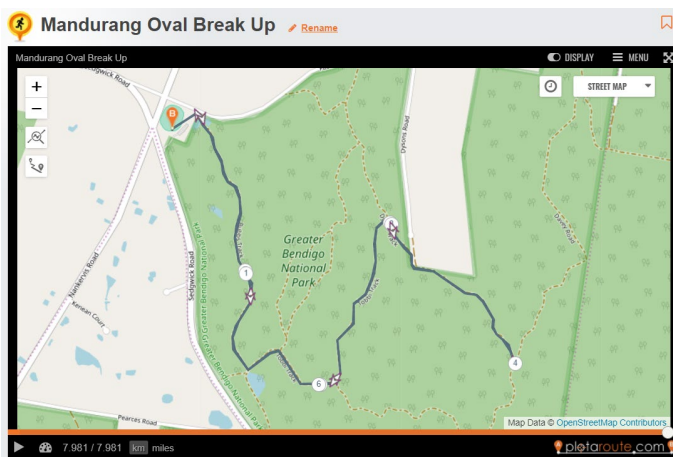
Club Run 14

Club Break Up and Presentation – Mandurang Oval

Date	4 th September 2021
Location	Mandurang Oval
Directions	Cnr Nankervis & Sedgwick Road, Mandurang
Distances	500 m, 1 km, 4 km, 8 km
Course Manager	Wendy Stibbe
Sponsor	Wilkie & Gibbs Family

- Club presentations start after last run at approximately 3:00 pm

Approximate Map



<https://www.plotaroute.com/route/1018507>

Run for Dad [TBC]



Date 5th September 2021
Location Bendigo Racecourse
Distances 3.5 km, 7.5 km TBC
Register <https://runfordad.com.au>

AV Run – XCR Rd 9 – Burnley Half Marathon



Date 5th September 2021
Location Kevin Bartlett Reserve – Yarra Boulevard
Distances 21 km

AV– 2021 Victorian All Schools Track Relay Championships



Date 8th September 2021
Location Lakeside Stadium
Distances

University Half Marathon



Date 11th September 2021
Location Wellsford Forest, off Golf Course Road, Epsom
Distances 21 km, 14 km, 7 km, 3 km, 1 km, 500 m
Course Manager University

- Register and pay on the day or register via <http://bendigouniathclub.org.au/ac/>

AV– 2021 Victorian Nitro Schools Challenge



Date 16th September 2021
Location Lakeside Stadium
Distances

AV Run – XCR Rd 10 Tan Relays



Date	18 th September 2020
Location	Tan Track, Kings Domain
Distances	Relays

AV– Mornington Winter 10



Date	24 th September 2021
Location	Mornington Athletics Track
Distances	



Website	https://runfordad.com.au
Date	Sunday 5 th September 2021
Location	Bendigo Racecourse 7.5 km starts at 9:30 am TBC 3.5 km walk starts at 10:15 am TBC

Age groups will be open, 40+ 50+,60+, U 20, U 16, both men and women, with a sash for section winners

Spot prizes will be drawn at the presentations.

Course Manager	Bendigo Harriers to manage this course
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Helpers needed please

Please note that distances may vary from what is stated above.

Due to the location of being at the Racecourse, no dogs allowed please.

Entries:	Entries will be on-line Can enter and pay on the day at an additional cost
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Summer Track Season

As registrations are now being down through AV, you are welcome to continue running into the Summer season as your membership is for 12 months. If you have registered as a Recreational Runner and wish to upgrade to an Athlete membership, AV will reduce the fee payable by the Recreational Runner fee.

Running track also provides you with the assistance of coaching where required. Please see Eric Baker or Geoff Jordan if you are interested.

Summer Athletics lets you run or walk short or long distances, jump or hop long-ways or up ways, throw, hurl and putt.

Come along its fun and rewarding and all age groups catered for.

The 2022 Country Championships are to be held in Bendigo on the Australia Day long weekend. Harriers would love to reclaim the David Kitt Trophy, the male's points award, especially in our 100 years celebrations as well as win the Ex-Athletes Cup, the Women's Point Award

Bendigo Harriers Club Meetings

Held 1st Wednesday of each month at the Flora Hill Athletic Track @ 7:30 pm.

All members encouraged to come along and contribute.

Bendigo Harriers Club Life Members

Bendigo Harriers (formally Bendigo YMCA Harriers) would like to acknowledge the continued valued contribution of the club's life members.

Alan Craven
Anne Buckley
Barry Boxshall
David Kitt *
Frank Barr
Garnet Rodda
Graeme Smith
Ian Bowles
Ivan Kitt
Jack Davey
John Knight
John Watson

Keith Macdonald
Ken Bruechert
Leigh Purtill
Leon Gilbert
Margaret Kitt
Maryan Andrea
Neil Macdonald
Paul Bennett
Paul Martin
Ross Evans
Tony Fahy

*Deceased

*Note: Every effort has been made to ensure that the content is correct and up to date. I apologise if there has been an error, or something has missed the print run. Please also note that with COVID-19 events could change without any notice. Every effort will be made to ensure notice is given where possible.
Wendy Stibbe – Winter Cross Country Facilitator*